



FOOD ITEMS

- Canned Fish
 - Salmon, Sardines, Anchovies
- Healthy Snacks (Granola Bars, Seeds, Nuts, Dried Fruits)
- Canned Tomato Sauce (15-30 oz)
- Spaghetti sauce (cans or plastic jars only—no glass) (24 oz)
- Broth (canned or box)
- Canned Carrots or Mixed Vegetables
- Canned Pinto Beans
- Ramen Noodles
- Cooking Oil
- Shelf Stable Milk (1 Qt.)
- Spices (Salt, Pepper)
- Condiments (Ketchup, Mayo, Mustard)
- Salad dressing (no glass bottles)

NON-FOOD ITEMS

- Feminine Hygiene (liners, pads)
- Bar soap
- Pull-ups (4T – 5T)
- Diapers Size 1, 2, 4, 5, and 6
- Baby wipes
- Toilet paper
- Paper towels
- Dish Soap
- Shampoo
- Toothbrushes (individually wrapped)
- Toothpaste (not travel size)
- New socks and new underwear (all sizes needed)

- Please remember:
 - **NO GLASS** jars or bottles
 - **NO OVER-SIZED** cans or bottles
 - **NO OPENED** items
 - **NO EXPIRED** items
- Low or no sodium items preferred
- Share can accept refrigerated and frozen food such as chicken, fresh produce, yogurt, cheese, and eggs but only by prior arrangement (contact: info@shareofmclean.org).

Amazon Wish List

www.shareofmclean.org/amazon-wish-list

Amazon Wish List





**Canned Fish
(sardines, salmon, anchovies)**



Healthy Snacks



**Tomato Sauce
(15-30 oz)**



**Spaghetti Sauce
(No Glass containers)**



Cooking Oil



Spices



Pinto Beans



Broth



**Condiments
(Ketchup, Mustard, Mayo, Dressing)**

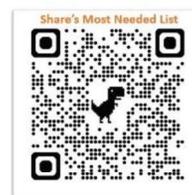


Canned Vegetables



Shelf Stable Milk (1 Qt.)





Bar Soap



Pull-ups (size 4T – 5T) & Diapers Size 1, 2, 4, 5 and 6



Baby Wipes



Toilet Paper (any brand)



Feminine (Liners, Pads)



Paper Towels (Single or multiple Rolls)



Shampoo



Toothbrush (ind. wrapped)



Toothpaste (not travel size)



Dish Soap



New Socks (all sizes and genders)



New Underwear (all sizes and genders)

