

## SHARE: Most Needed Items April 2023

### **FOOD:**

Canned fruit (peaches, fruit cocktail, pineapple)  
Pasta (spaghetti, elbow)  
Pasta sauce (cans or plastic jars)  
Vegetable oil (plastic jars: 24 oz, 48 oz)  
Canned corn  
Dried beans (1 lb)  
Canned beans (chickpea, kidney)  
Crackers  
Canned tomato sauce  
Canned chicken

### **PERSONAL CARE ITEMS:**

Toilet Paper  
Paper Towels  
Shampoo / Conditioner  
Laundry detergent (20 – 40 loads)  
Diapers (Sizes 5-7) and pull-ups (4T, 5T)  
Baby wipes  
Adult diapers (all sizes, both genders)



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**\*\* Most needed items are in bold**

**\*\* Please remember: NO GLASS, NO OVER-SIZED items, and no items past their "Best if Used By/Before" date.**

**Note:** Share can accept refrigerated and frozen goods such as chicken, fresh produce, yogurt, cheeses, and eggs *but only by* prior arrangement (contact: [sharevolunteers1367@gmail.com](mailto:sharevolunteers1367@gmail.com)).