

## **Share's Most Needed Food + Personal Care Items – July 2022**

**Canned fruit or fruit cups**

**Vegetable oil (24 oz, 48 oz)**

**Canned tomato products (diced, sauce)**

Canned vegetables (corn, mixed)

Peanut butter / Jam / jelly

Pasta/spaghetti

Pasta sauce (cans or plastic jars)

Cereal / oatmeal

Snacks/bars (granola bars, etc)

Canned tuna/chicken

**Toilet paper**

**Diapers - Size 4, Pull-Ups (size 4-5T)**

**Laundry detergent (15 – 32 loads)**

Baby wipes

Toothbrushes (individually wrapped)

Toothpaste

Feminine hygiene (panty liners -> maxi pads)

*Not needed at this time:* Share currently has ample supplies of Mac&Cheese, soup and Size 6 diapers.

***Please remember: NO GLASS, NO OVER-SIZED items, and no items past their best-if used by date.***

Note: Share would welcome re-usable grocery size bags.

Note: Share can now accept refrigerated and frozen goods such as chicken, fresh produce, yogurt, cheeses, and eggs but only by prior arrangement (sharevolunteers1367@gmail.com).