

SHARE: Most Needed Items May 2023

FOOD:

Pasta (spaghetti, elbow, penne, rotini)
Macaroni & Cheese
Pasta sauce (cans or plastic jars)
Canned fruit (fruit cocktail, peaches)
Rice (1 or 2 lb. bag)
Vegetable oil (plastic jars: 24 oz, 48 oz)
Peanut Butter (16 oz)
Canned corn
Dried beans (1 lb)
Canned beans (chickpea, kidney)
Crackers

PERSONAL CARE ITEMS:

Diapers (Sizes 5-7) and pull-ups (4T, 5T)
Adult diapers (all sizes, both genders)
Toilet Paper
Shampoo / Conditioner
Laundry detergent (20 – 40 loads)
Baby wipes
Tampons (small box of 18)



**** Most needed items are in bold**

Please remember: **NO GLASS, NO OVER-SIZED** items, and no items past their "Best if Used By/Before" date.

Share would welcome re-usable grocery size bags, paper shopping bags with intact handles, and plastic grocery bags (used but intact).

Note: Share can accept refrigerated and frozen goods such as chicken, fresh produce, yogurt, cheeses, and eggs ***but only by*** prior arrangement (contact: sharevolunteers1367@gmail.com).