

Share's Most Needed List - October 2025



FOOD ITEMS

- Canned Chicken (12.5 oz)
- Canned Tuna (12 oz)
- Canned Fruit / Fruit cups
- Canned Vegetables (corn, peas, and mixed – NO Green Beans) (14-20 oz)
- Canned tomato products (sauce, diced) (15-30 oz)
- Spaghetti sauce (cans or plastic jars only—no glass) (24 oz)
- Peanut butter (16 oz.)
- Canned beans (chickpeas, black beans, kidney beans only) (14-20 oz)
- Pasta (elbow, penne, spaghetti, etc.)
- Rice (1 lb. bag)
- Cereal
- Granola bars
- Instant Oatmeal (box)
- Please remember:
 - o NO GLASS jars or bottles
 - NO OVER-SIZED cans or bottles
 - NO OPENED items
 - o NO EXPIRED items
- Low or no sodium items preferred
- Share can accept refrigerated and frozen food such as chicken, fresh produce, yogurt, cheese, and eggs but only by prior arrangement (contact: info@shareofmclean.org).

NON-FOOD ITEMS

- Feminine Hygiene (liners, pads, tampons)
- Bar soap
- Pull-ups (4T 5T)
- Diapers Size 5 and 6
- Baby wipes
- Toilet paper
- Paper towels
- Shampoo
- Toothbrushes (individually wrapped)
- Toothpaste (not travel size)
- New socks and new underwear (all sizes needed)

Amazon Wish List

www.shareofmclean.org/amazon-wish-list

Amazon Wish List

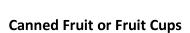




Share's Most Needed List - October 2025



Canned chicken and Tuna (12 – 12.5 oz)















Canned Vegetables (14 – 20 oz) (Corn, Peas, Mixed) – NO GREEN BEANS

Canned Tomatoes (15-30 oz) (No glass containers)

Pasta Sauce (no glass containers)

















Peanut Butter (16 oz)

Canned Beans (14-20 oz) (Chickpeas, Kidney & Black only)

Rice (1 lb.)















(16 oz.)

Pasta (Elbow, Penne, Spaghetti, etc.)





Instant Oatmeal (6-18 count)





Granola Bars (4 ct - 15 ct)



Cereal





Share's Most Needed List - October 2025



Bar Soap



Pull-ups (size 4T – 5T) & Diapers Size 5 and 6



Baby Wipes





Toilet Paper (any brand)





Feminine (Liners, Pads, Tampons)



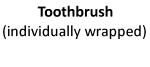
Paper Towels (Single or multiple Rolls)



Sn



Shampoo











New Socks (all sizes and genders)



New Underwear (all sizes and genders)



