

## SHARE: Most Needed Items

**\*\* March 2023 \*\***

### FOOD:

**Canned fruit (peaches, fruit cocktail, pineapple)**  
**Canned beans (chickpea, kidney)**  
**Condiments (ketchup, mustard, mayonnaise, jelly/jam)**  
**Vegetable oil (24 oz, 48 oz)**  
**Dried beans (1 lb)**  
**Crackers**

Canned tomato sauce  
Canned chicken

### PERSONAL CARE ITEMS:

**Diapers (Size 6)**  
**Adult diapers (all sizes, both genders)**  
**Toilet Paper**  
**Paper Towels**  
**Bar soap**  
**Shampoo**  
**Baby wipes**  
**Laundry detergent (20 – 40 loads)**



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**\*\* Most needed items are in bold**

**\*\* Please remember: NO GLASS, NO OVER-SIZED items, and no items past their "Best if Used By/Before" date.**

Note: Share can accept refrigerated and frozen goods such as chicken, fresh produce, yogurt, cheeses, and eggs *but only by* prior arrangement (contact: [sharevolunteers1367@gmail.com](mailto:sharevolunteers1367@gmail.com)).