

## Share Food and Clothing Donation Guidelines

### Items always in short supply:

- grape or strawberry jelly or jam
- white sugar
- white rice
- ground coffee
- black tea
- mayonnaise, mustard and catsup
- cooking oil
- chunky chicken soups (only)
- 100% juice
- bars of soap
- toothpaste
- laundry detergent
- tuna fish
- cereal

### Items we cannot use:

- car seats
- strollers
- miscellaneous kitchen and household items
- books and videotapes

Feel free to send an e-mail to [info@shareofmclean.org](mailto:info@shareofmclean.org) if you have any questions about donations.